



Gymnasts Code Of Conduct Agreement

Name Of Organisation: Wolds Gymnastics Club	
The organisation is committed to providing a safe environment that will:	
☐	Keep yourself safe by listening to your coach and behaving responsibly. If something does not feel right, please speak up.
☐	Do not wonder off or leave without telling a coach.
☐	Take care of our equipment and building.
☐	Wear suitable sports attire for sessions, ensure jewellery is removed and long hair is tied up.
☐	Speak to any staff member about any incidents of bullying.
☐	Treat all other gymnasts with respect, please remember everyone has different levels of skills.
☐	Focus on your own improvements, accomplishments and how far you have progressed, as this is what is most important (do not compare your skills to somebody else's).
☐	Help to make our club a friendly place to be.
☐	Support and encourage other gymnasts, praise them when they have done well and be there when they are struggling.
☐	Follow the coaches rules and have fun.
☐	Respect our coaches.
☐	Please follow the British Gymnastics social media Policy, it is on their website and on our welfare board. If you are unsure, please ask.
☐	Enjoy the time you are with us and know you are safe.
☐	You will be welcomed, listened to, valued and treated fairly whilst you are with us.

Gymnasts Agreement: “By becoming a gymnast at Wolds Gymnastics Club Ltd I agree to follow the above”.